

Benefits of Equine Craniosacral Therapy

Craniosacral therapy helps to relax and rebalance your horse's nervous system, muscles, and fascia.

It is the deepest system in the body and if compromised can affect many functions because it houses and protects the central nervous system.

For instance:

If the thoracic inlet is restricted it can result in

- Roaring/breathing problems
- Pain weight bearing on a front leg
- Irritability being groomed...

If one of the temporal bones in the skull is restricted it can cause your horse to be

- Aggressive and have other behavioural issues
- Eye issues...

If the psoas muscle in the pelvis is restricted it can cause

- Sway back
- Bucking...

Craniosacral therapy can also help:

- Abdominal issues
- Circulation
- Co-ordination/balance
- Head shyness/head pain
- Locking stifle/hind end issues
- Neck/Back and Shoulder issues
- Release scar tissue
- Stumbling
- Sinusitis
- Improve posture and performance
- And other benefits

Craniosacral therapy may resolve issues that haven't resolved through other therapies.