

Equine Reiki Level 1 1 Day Intensive

Content

The purpose of this course is to give you the ability to give Reiki to your own horse or your family or friends' horse/s to assist with issues such as acute injury, muscular skeletal pain, stress, head shyness, training/riding issues, trauma and dis-ease. Although this course is not the full practitioner course, it includes all the necessary requirements so that you can give Reiki effectively and safely. There is an option to complete the practitioner certificate on-line.

Below is the manual content. The theory is covered prior to the practical sessions. Energy balancing, and the chakra treatment are carried out in the morning and the full treatment in the afternoon with plenty of time for practice. The self-healing component is home practice.

What is Reiki

Equine Reiki Success Stories
Food for Thought
What is Reiki?
Chronology of Usui Reiki
The Reiki Principles
The History of Reiki
Some Benefits of Reiki
Using Reiki
Namaste
Reiki Attunement

Energy Balancing

Working with Horses
Energy Balancing Notes
Energy Balancing for Horses
Energy Balancing Diagram
Points of the Horse

Chakra Treatment

Working with Horses Additional Notes
Signs of Release
The Chakras – Horses
The Endocrine System
Horse Endocrine & Organ Systems
Chakra Dowsing – Horse photos
Example of Chakra Dowsing – Horse diagram
Horse diagram original
Chakra Dowsing Notes
Chakra Treatment for Horses
Chakra Treatment for Horses photos

Full Treatment

Reiki Cautions

Emergency & First Aid Reiki

The Inflammatory Process

Treatment Guidelines

Listening to Your Intuition

Equine Joints

Horse Form

Full Treatment for Horses

Full Treatment Photos

Other considerations

Self Healing

Self-Healing Guide

Self-Healing Hand Positions

Human Anatomy Diagram

Supplement: Case Study – Equine Arthritis

Optional Exercises