

# Equine CranioSacral Techniques CLINIC

## Learn:

- this gentle technique that easily integrates with Reiki
- to ease pain and increase freedom of movement
- to release along and through the spine
- to unwind and release the neck
- help to balance the jaw (TMJ) and pelvis
- and to release the main joints of the body



## Content

- Introduction to equine craniosacral therapy
- What is Connective Tissue
- Practitioner Sensitivity
- The Techniques
- Indications of Release
- Recognising Free Tissue
- Equine Skeletal System & Joints
- Technique Practice with People

## Practical with Horses

### Releasing:

- Neck vertebrae
- Shoulders
- Elbow
- Thoracic
- Respiratory
- Pelvis
- Quarters
- Sacral Iliac Joint
- Stifle
- Lower Leg Joints
- Along and through the Spine
- TMJ (jaw)

This half day clinic is an excellent introduction to working with releasing fascia using gentle craniosacral techniques.

Includes a manual with photos of the hand positions