**Photo 1 – Bay Pony**

…The sphenoid is the major bone in the head and is intimately related to the endocrine system and many functions of the central nervous system. When displaced it can cause

* Stumbling and or the horse can’t clear jumps front or back
* Affect balance and coordination, eye motor control/vision
* Co-ordination centres
* Restrict the vagus nerve that supplies the heart, digestive and respiratory systems
* Allergies
* Lumbar pain
* Emotional issues
* Endocrine disorders, hormonal problems
* Eye issues
* Head shyness
* Headaches
* Immune system problems
* Pain syndromes
* Reproductive problems
* Sinus congestion
* Thyroid problems if the issue is not coming from the thyroid itself (as the sphenoid affects the pituitary and hypothalamus).

Releasing the sphenoid can also help with

* Lymphatic drainage
* Birth trauma
* Head injuries

You will see in the video that she is sore (actually in more than one place) including the mastoid process of the temporal bone, even though she is not showing torsion or side bending of the eyes in relation to the head.

**Photo 2 & 3 – Grey Horse and Bay Pony**

Temporal bone displacement can cause behaviour issues such as temper tantrums. The release of this bone can also improve

* Vision, eye issues
* Head shyness
* Behaviour, over-reactiveness, less flighty
* Also releases mastication/face muscles
* Helps release TMJ (jaw joint) and hyoid

… All of these horses require craniosacral work to release the temporal and sphenoid bones as well as any other cranial bones that have been affected.

Please note that craniosacral therapy is a whole body approach and requires that the system is prepared prior to releasing the cranial bones.